

FIRST TIME THROUGH THE POST HIGH SCHOOL PLANNING

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Learning Target:

I will know the processes and resources at IHS for post high school planning.

1ST TIME THROUGH THE POST HIGH SCHOOL PLANNING

AGENDA

- ▶ Grade level processes and activities
- ▶ Ongoing resources to utilize
- ▶ Questions

1ST TIME THROUGH POST HIGH SCHOOL PLANNING



WHAT ARE SOME FACTORS IN
POST HIGH SCHOOL PLANNING?

Freshman year

- ▶ Continue to **explore interests and talents**
- ▶ **Be organized** for high school and beyond (develop a system that works for you)
- ▶ **Meet with your counselor to develop a schedule for sophomore year** that supports not only graduation but also post high school plans (comprehensive offerings, rigor, EMCC vocational programs)
 - ▶ Build a schedule to allow for study time, extracurricular activities and your other interests
 - ▶ Find out about AP and other honors level course that can help prepare for college and/ or have college credit opportunities
- ▶ **Participate in freshman school counseling seminars (Sept and spring) with counselors** to become familiar with I H S resources, graduation requirements (transition to IHS) and career exploration activities, resumes and Naviance(spring)

Freshman year

- ▶ Use **Naviance**- career exploration and post high school planning (students sign in through Clever)
- ▶ Meet with your counselor and continue discuss post high school plans (ex. *What are some ideas after high school? College? Military? Employment? Other?*)
- ▶ **Do well in classes and utilize resources if help is needed** (ex. *monitor progress, Infinite Campus, talk to the teacher, meet with counselor*)
- ▶ **Summer – explore career connections** opportunities- part time jobs, internships, volunteering
- ▶ **Get involved** in something you enjoy
- ▶ **Attend Post High School Planning Workshop Yearly**

Grade level processes

9th GRADE

Sophomore Year

- ▶ **Consider Post High School Options: college, military, trades, direct employment**
- ▶ Keep using **Naviance** to discover careers and update resume
- ▶ **Keep Grades up**
- ▶ **Explore college search websites (Naviance, College Board)**
- **Start thinking about what factors are important in choosing a college** (ex. Size, location, major/program of interest, extracurriculars)
- ▶ If pursuing NCAA collegiate athletics at Division I or Division II, talk to your counselor, register and get familiar with **the Eligibility Center (academic eligibility)**
- ▶ **Participate in sophomore school counseling seminars (November and spring) with counselors** to continue career exploration activities and post high school planning resources

Sophomore Year

- ▶ **Meet with your counselor to develop a schedule for junior year** that supports not only graduation but also post high school plans(comprehensive offerings, rigor?, EMCC vocational programs)
- ▶ **Continue extracurriculars**
- ▶ **Career Connections-** part time jobs, shadowing, internships, volunteering
- ▶ **Attend Post High School Planning Workshop Yearly**

Junior Year

- ▶ **Maintain your grades for junior year.** Colleges put weight on your marks on this year. Make sure you're challenging yourself academically. Colleges will consider how difficult your course are.
- ▶ **Meet with your counselor** (more than once, if necessary) to discuss: senior year schedule, post high school goals- has anything changed? That's ok! Work with your counselor to make any necessary adjustments to reflect updated goals and interests
- ▶ **Register for and take the PSAT (fall of junior year).** When you take the PSAT as a junior, the scores will count towards the National Merit Scholarship Program. PSAT is good practice for the SAT. Fee waivers are available to students who qualify for free/reduced lunch.
- ▶ **Consider Post High School Options: college, military, trades, direct employment**

Junior Year

- ▶ **Participate in junior school counseling seminars (October and spring) with counselors** to continue career exploration activities and post high school planning resources
- ▶ **Upcoming college representative visits** (College and Career Center college rep visits , RAC, Western NY College Fair, National College Fair)
- If you are interested in one of the **MILITARY ACADEMIES**, talk to your school counselor about starting the application process now. The application process for military academies is more rigorous and begins earlier than other types of schools.
- If you are considering **ROTC programs**, begin to speak with the ROTC office of colleges you are considering
- Meet with your counselor to **review senior-year course selection** and graduation requirements. Look for classes and opportunities that will enhance your transcript and are relevant to your post-secondary plans.
- ▶ **Stay involved with your extracurricular activities.** Colleges and future employers look for consistency and depth in activity; consider leadership positions with activities you like most

Junior Year

- ▶ **College Visits**- consider college visits during February and Spring Break. Most colleges have virtual tours available all the time.
- ▶ **Athletes** who intend to play sports in college at the Division I or II level must start the certification process through the **NCAA**
- ▶ **Utilize the summer -Career Connections-** part time jobs, shadowing, internships, volunteering, summer program specific to your post-secondary plans
- ▶ Take SAT and/or ACT as necessary spring of junior year. Refer to college website on whether the tests are required.
- ▶ **Update Resume, Career Interests and Colleges I'm Interested in on Naviance**- we utilize this information to send emails about opportunities
- ▶ Attend **Post High School Planning** Workshop **Yearly**

Senior Year

- ▶ **Continue to maintain grades-** avoid Senioritis, keep studying. College and programs will look at senior year grades.
- ▶ **Time Management-** if applying to colleges and for scholarships, temporarily, budget time as if you are taking another course.
- ▶ **Participate in senior school counseling seminars and senior conferences with your counselor** to become familiar with I H S policies and procedures related to college applications and transcripts. Inform your school counselor of your plans and the schools/programs to which you will be applying. Your counselor can help you stay organized and answer questions.
- ▶ Visit your **Class's Schoology course** and utilize the Counseling Center folder
- ▶ **Review your application and financial aid (FAFSA.gov) deadlines.** Check that these dates are on your calendar and set reminders. These dates are not flexible; it is vital to submit materials by the deadline or before.
- ▶ **Attend I H S College Application Night** (typically, at the time of Open House)
- ▶ **Apply** to your chosen colleges as soon as possible. **THANKSGIVING** timeframe

Senior Year

- ▶ Continue to utilize **upcoming college representative visits** (*College and Career Center college rep visits, RAC, Western NY College Fair*)
- ▶ **Update your resume** on Naviance. Make sure it looks professional
- ▶ **Request letters of recommendation if needed.** Politely ask each recommender if they will write you a letter. I H S teachers will have access to your Resume in Naviance.
- ▶ **College essay-** will be an assignment in your senior year English class.
- ▶ **If official SAT/ACT scores needed,** request your official scores from College Board/ACT be sent to the colleges you are applying to, if required.
- ▶ **Attend financial aid workshops** in your area- *will be offered during Post High School Planning Workshop*
- ▶ **Use the resources of the College and Career Center**
- ▶ **Attend Post High School Planning Workshop Yearly**

ONGOING RESOURCES TO UTILIZE

-INFINITE CAMPUS



-SCHOLOGY – CLASS PAGE (STUDENTS)



-NAVIANCE

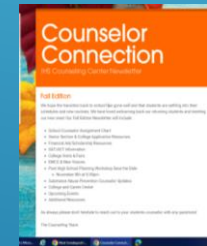


-I H S WEBSITE-COUNSELING DEPARTMENT LINKS

-COUNSELING SMORE NEWSLETTER

(IN PRINCIPAL NEWSLETTER)

-MORNING SHOW ANNOUNCEMENTS



ONGOING RESOURCES TO UTILIZE

-ATTEND **POST HIGH SCHOOL
PLANNING WORKSHOP YEARLY**

-STAY IN CONTACT WITH YOUR **SCHOOL
COUNSELOR**

-UTILIZE **COLLEGE AND CAREER CENTER**

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CLOSING THOUGHTS

The post high school planning process is unique for each individual student



CLOSING THOUGHTS

While some factors are being identified, utilize the known factors to research, explore and identify possibilities & utilize resources



QUESTIONS??

PLEASE REACH OUT TO YOUR

SCHOOL COUNSELOR

336-2921

COLLEGE AND CAREER CENTER

336-3019

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